



PT 60 **USER MANUAL**

CARDIO
TREADMILL USER MANUAL

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GROUNDING INSTRUCTIONS

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER-Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product- if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

- The appliance must be positioned so that the plug is accessible.
- If the power cord is damaged; it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a safety hazard.

SAFETY INSTRUCTIONS

IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using the Treadmill.

DANGER - To reduce the risk of electric shock:

Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

WARNING - To reduce the risk of burns, fire, electric shock, or injury to persons:

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
3. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacture.
4. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Call service for examination and repair.
5. Keep the cord away from heated surfaces.
6. Never drop or insert any object into any opening.
7. Do not use outdoors.

8. To disconnect, turn all controls to the off position, then remove plug from outlet.
9. Connect this appliance to a properly grounded outlet only.
See Grounding Instructions.
10. Never Tie off Safety Cord, as this will bypass the SAFE use, could cause a choking hazard for children, and / or present other unsafe use of product. Remove and store safety cord and plug after use. Keep out of reach of children.
11. The appliance is not to be used by children or persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction.
12. Children being supervised not to play with the appliance.
13. WARNING:
REMOVE CONTROL BOX (OR KEY, OR SAFETY PIN) WHEN NOT IN USE AND STORE OUT OF REACH OF CHILDREN.
AVERTISSEMENT:
RETIRER LA CLÉ DE SÉCURITÉ QUAND L'APPAREIL N'EST PAS EN SERVICE, ET LA PLACER HORS D'ATTEINTE DES ENFANTS.
14. CAUTION:
RISK OF INJURY TO PERSONS – TO AVOID INJURY, USE EXTREME CAUTION WHEN STEPPING ONTO OR OFF OF A MOVING BELT.
READ INSTRUCTION MANUAL BEFORE USING.
15. For commercial use.

PRUDENCE:

RISQUE DE BLESSURES - POUR ÉVITER LES BLESSURES, FAIRE PREUVE DE PRUDENCE EXTRÊME LORSQUE L'INTENSIFICATION DANS OU HORS D'UN TAPIS ROULANT. LIRE LES INSTRUCTIONS MANUEL AVANT D'UTILISER

15.CAUTION:

To Reduce The Risk Of Injury From Moving Parts - Unplug Before Servicing.

ATTENTION: Pour réduire les risques de blessures des pièces en mouvement - Débranchez avant tout entretien.

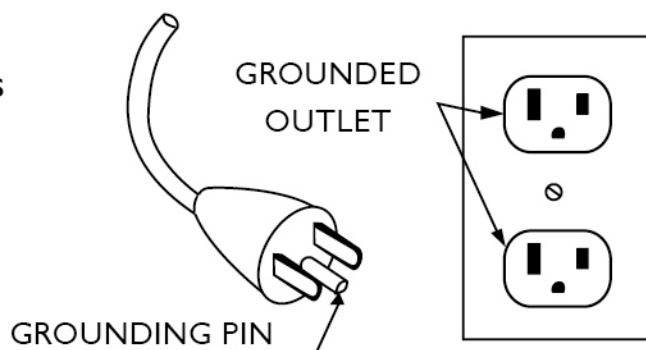
16.WARNING:

To Reduce the Risk of Electric Shock – Unplug Before Cleaning or Servicing.

AVERTISSEMENT - Pour réduire le risque de choc électrique - le débrancher avant de nettoyer ou de réparer.

SAVE THESE INSTRUCTIONS

Figure Grounding methods



Note: Illustration is for Example purposes only. Your Treadmill plug and required outlet may look different. DO NOT MODIFY plug that comes with treadmill.

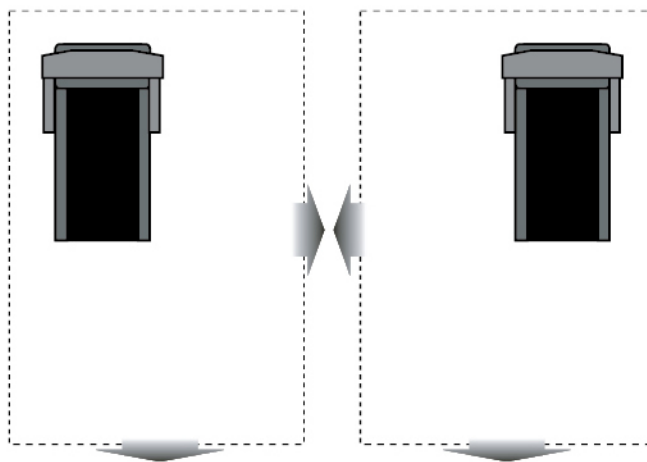
INSTALLATION

ELECTRICAL REQUIREMENT

Your **STEELFLEX** treadmill is intended for use in the country to which it was shipped. Electrical supplies outside of this country may differ and may not be compatible with the product. Please consult Customer Support before using the treadmill in a different country.

LOCATION

When choosing a location for the treadmill, pick a location that is unobstructed. The treadmill must have the following clearance.



- Non-entry side of treadmill - Minimum of 8 inches (20cm)
- Entry side of treadmill - Minimum of 36 inches (90cm)
- Front of the treadmill - Minimum of 12 inches (30cm)
- Behind treadmill - Minimum of 6 feet (180cm)

These spacing requirements are mandatory for the safe use of the treadmill. If an accident should occur, you must have sufficient space to move away from the treadmill.

GROUNDING INSTRUCTIONS

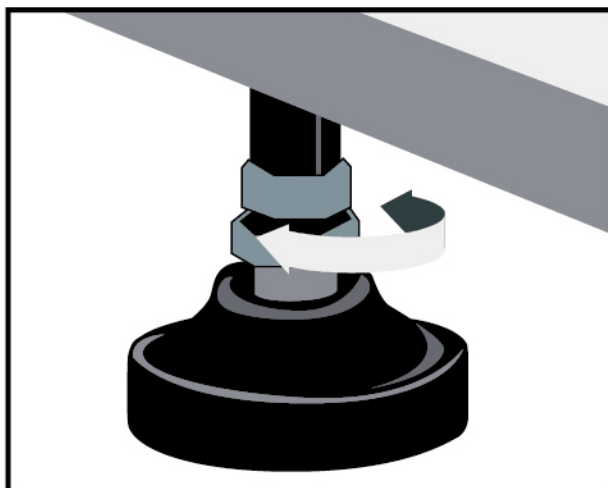
The treadmill must be properly grounded prior to use. Proper grounding reduces the risk of shock or damage to the treadmill. The power cord's plug is equipped with a grounding conductor that must be used with an electrical outlet installed in accordance to all local codes and ordinances. **DO NOT** use a temporary adapter that bypasses this function. This will stop the safety equipment from functioning properly and may void your warranty.

DO NOT MODIFY the plug provided with this product. If it will not fit an electrical outlet, have a proper outlet installed by a qualified electrician.

LEVELER LEGS

After finding a location that is suitable for the treadmill, the rear legs must be adjusted to provide stable support. Located on the side of each leg is a thumb-wheel that will allow you to lower or raise the leg until it is properly seated on the floor.

DO NOT adjust legs while the treadmill is on. Turn the power switch to the OFF position before adjustment.

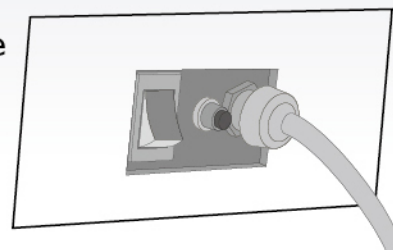


TREADMILL OVERVIEW

POWER SWITCH

The power switch is located on the side of the treadmill near the power cord. The power switch has two positions - ON and OFF.

The display console will beep when the treadmill is plugged in and the power switch is pressed ON.



CIRCUIT BREAKER RESET

The circuit breaker is located next to the power switch. If there should be an electrical overload due to a surge in electricity or other situation, the circuit breaker will disconnect and attempt to prevent any damage from occurring to the treadmill.

If the treadmill suddenly stops with no lights visible nor beep heard, the circuit breaker may need to be reset. To reset the circuit breaker press the button firmly. The display console should restart and a beep should be heard.

CAUTION

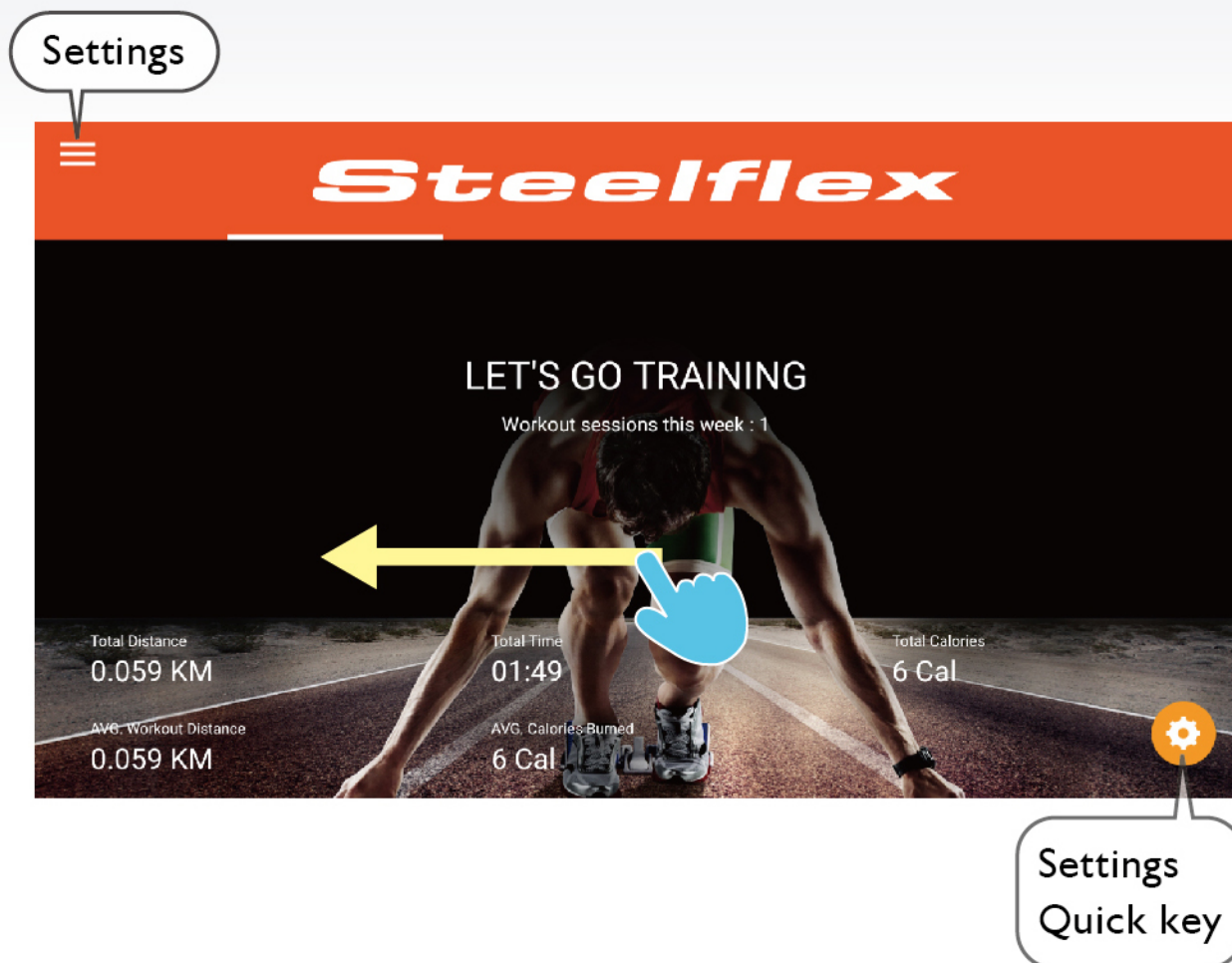
Feel the power cord with your hands. If the power cord is warm to the touch a problem may exist with the electrical outlet in which the treadmill is plugged. It may be necessary to plug the treadmill into a different outlet.

POWER CORD

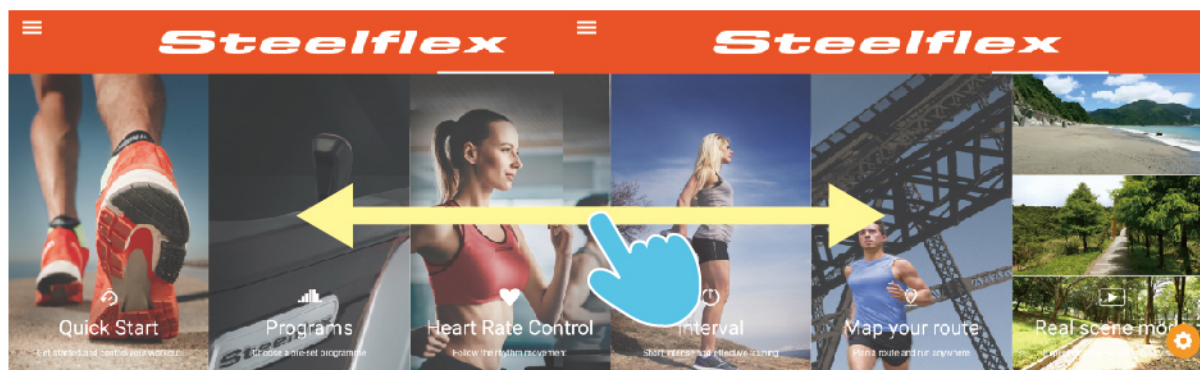
The power cord of the treadmill must be plugged into a properly grounded electrical outlet. Locate the power cord so it will not come in contact with the wheels of the treadmills during operation. This may cause the power cord to become pinched or damaged . Damage to the power cord could result in a fire hazard or cause personal injury through electrical shock.

OPERATING INSTRUCTIONS FOR PT60

POWER ON SCREEN

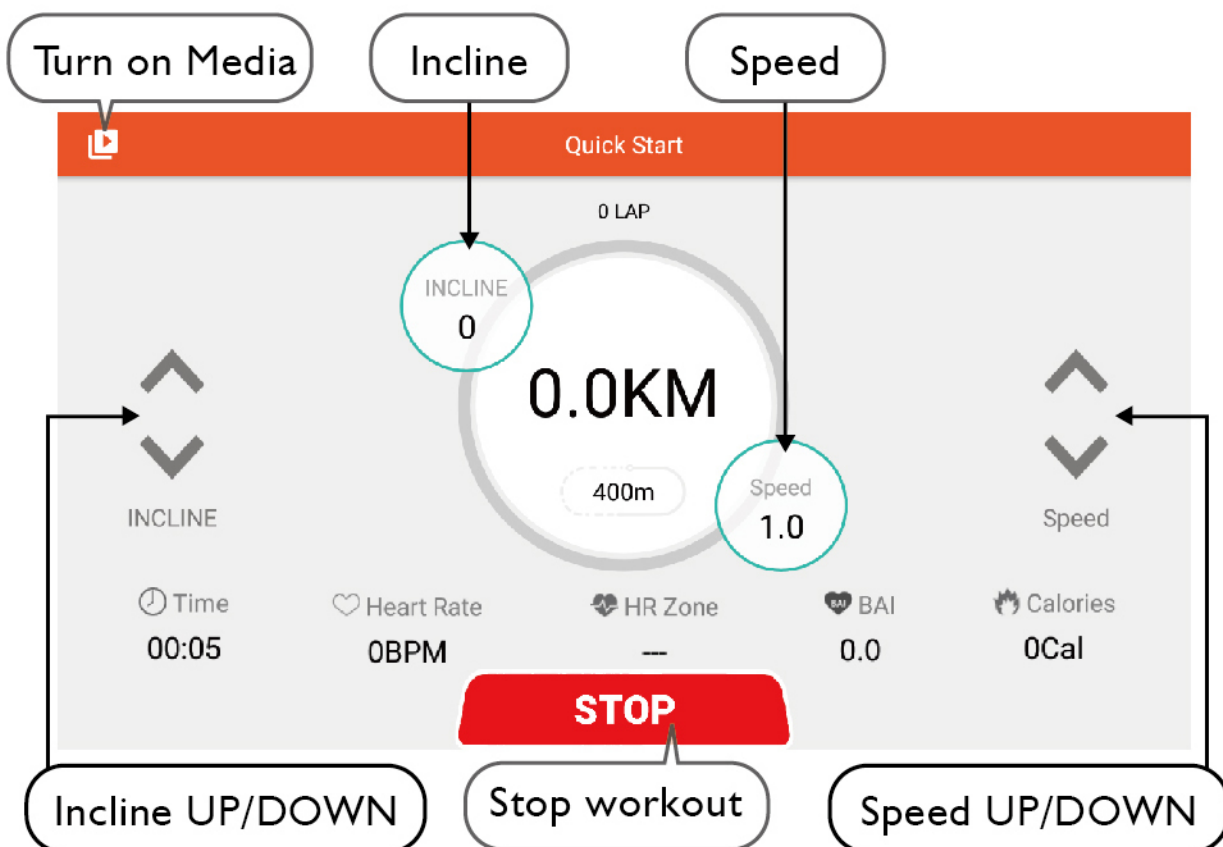
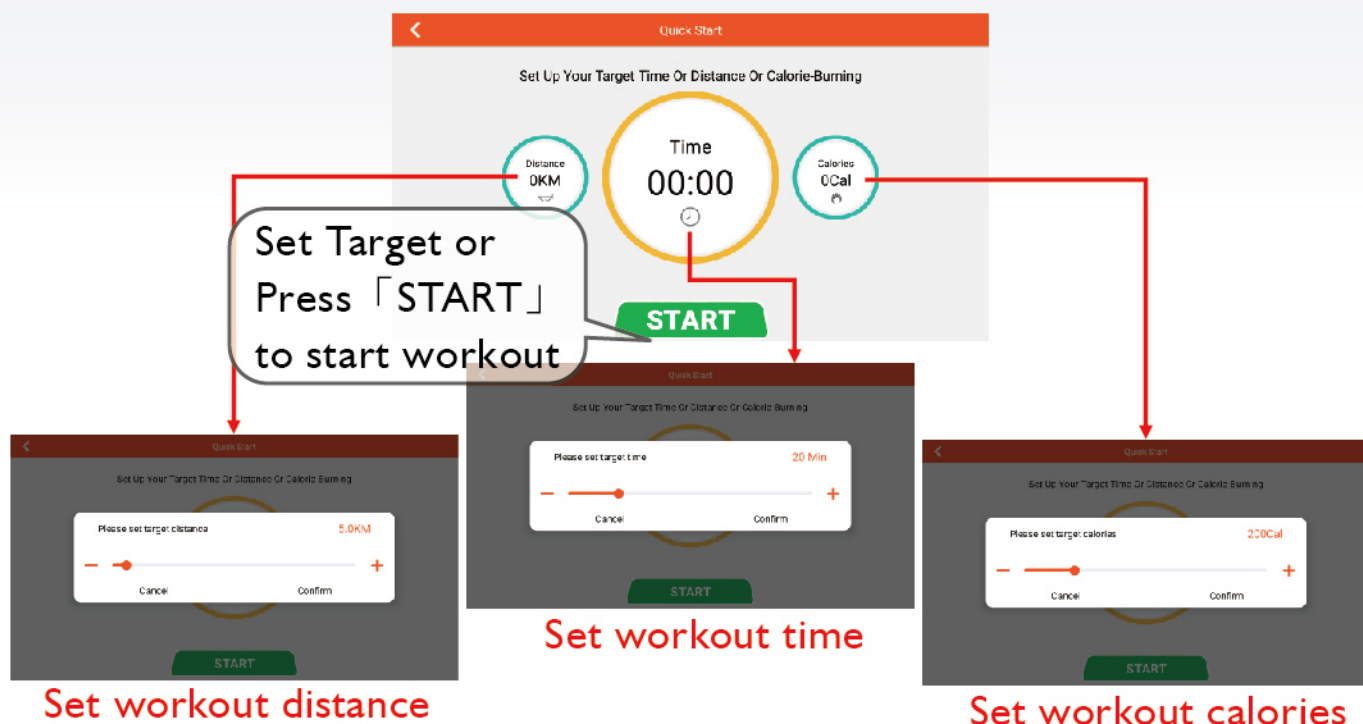


Standby



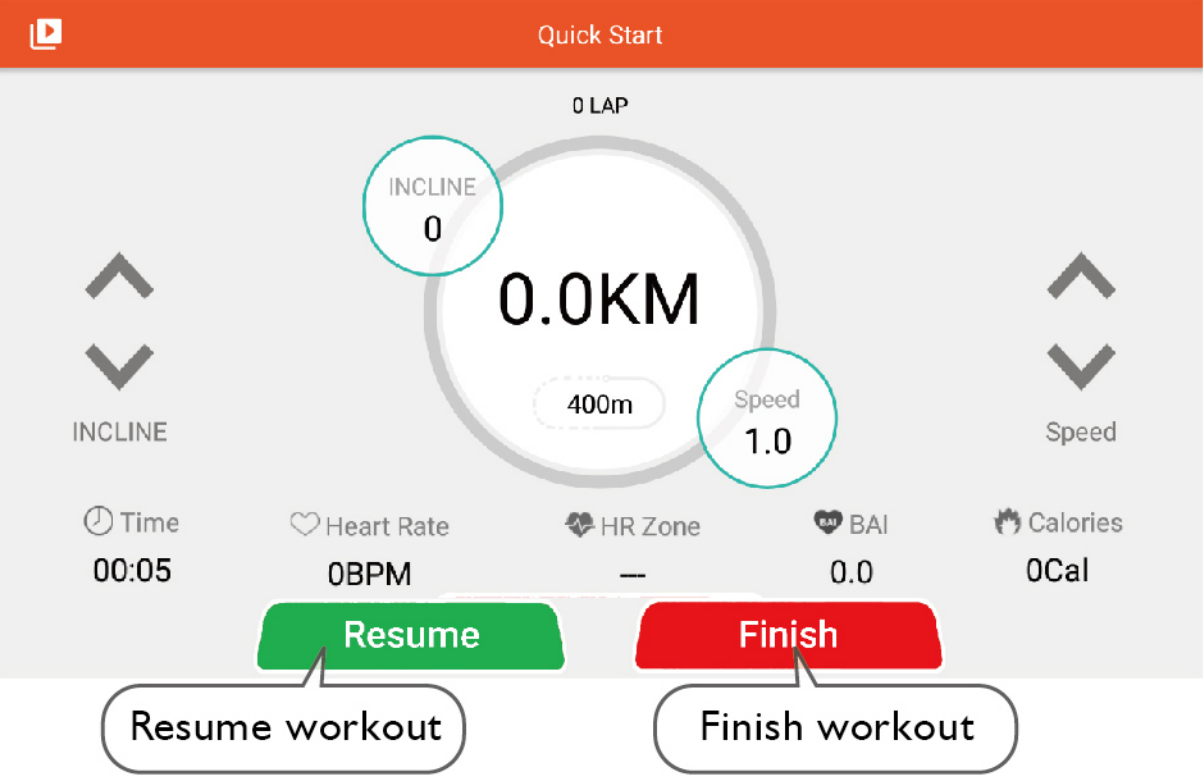
OPERATING INSTRUCTIONS FOR PT60

Quick Start

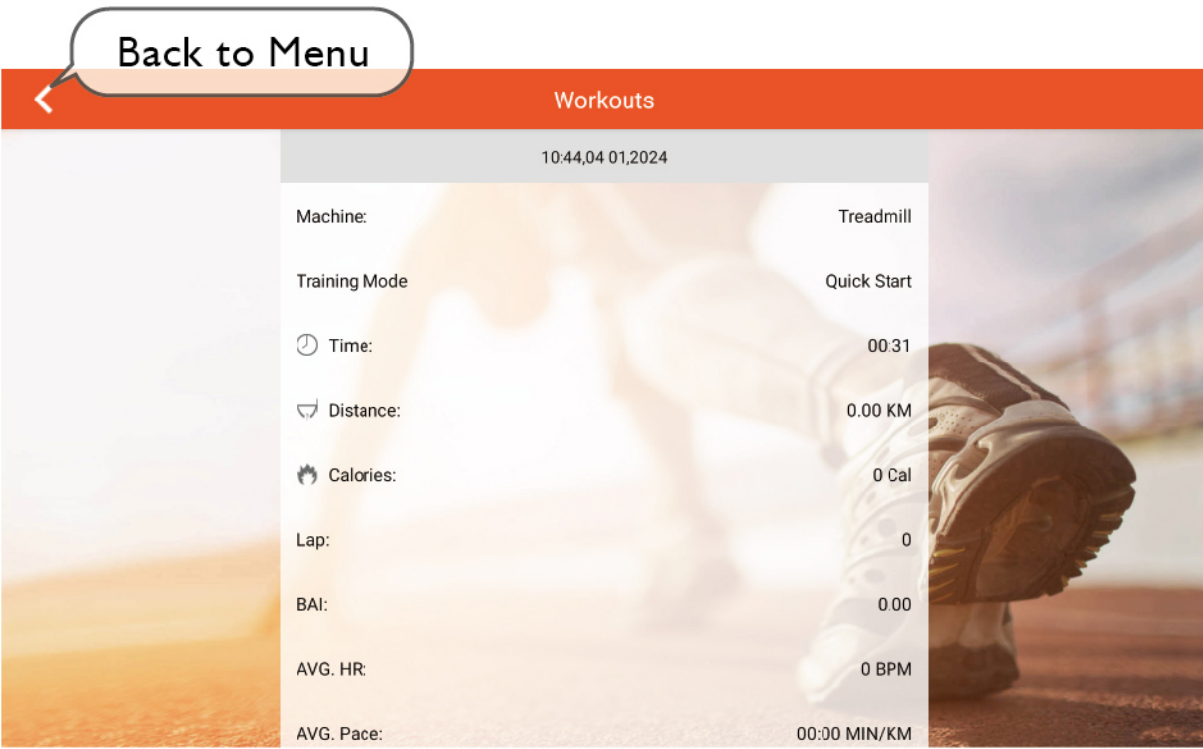


OPERATING INSTRUCTIONS FOR PT60

PAUSE

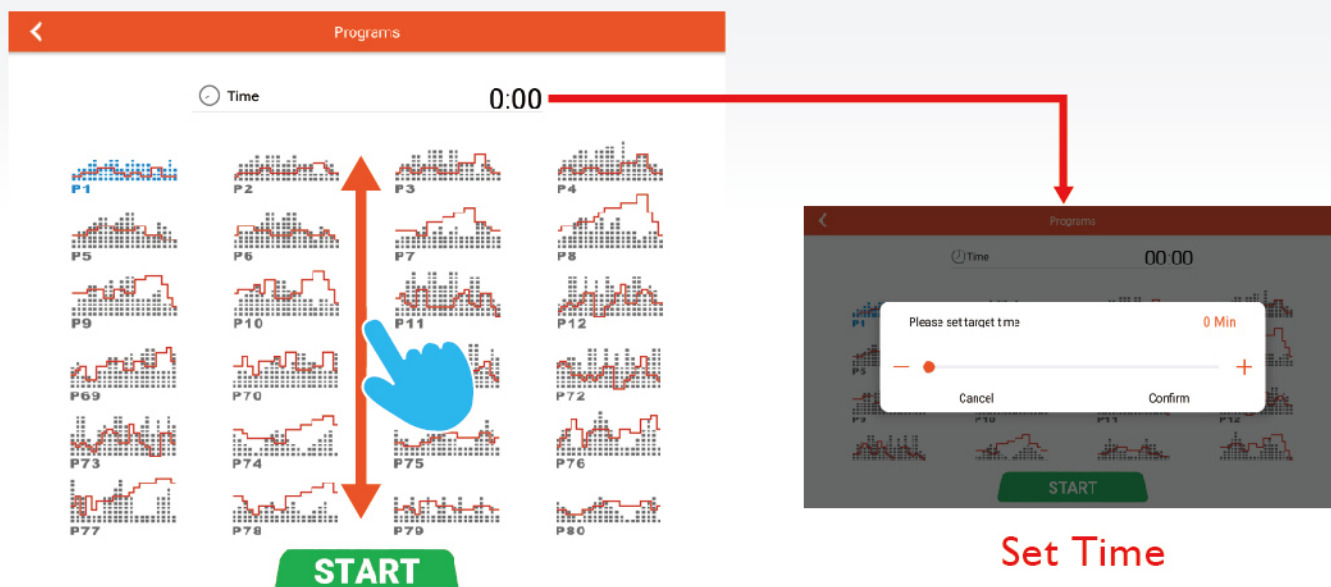


Finish Workout Screen

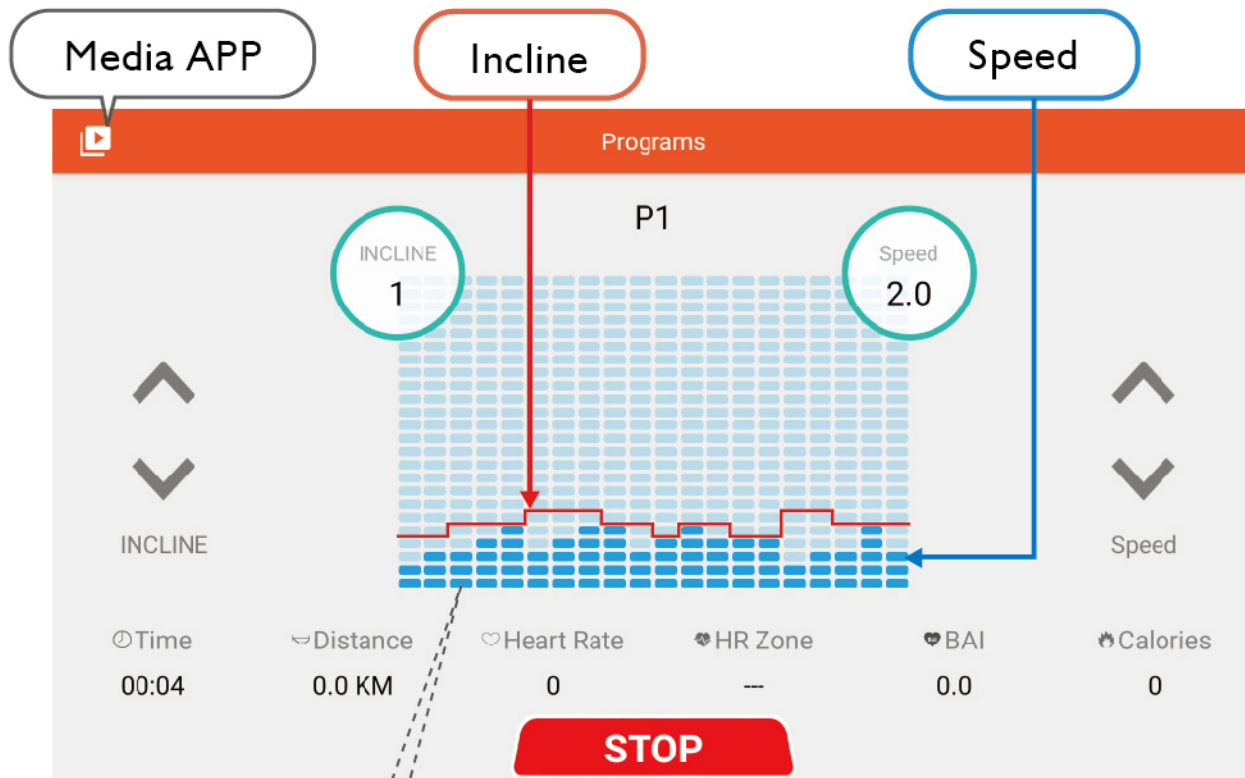


OPERATING INSTRUCTIONS FOR PT60

Set Programs



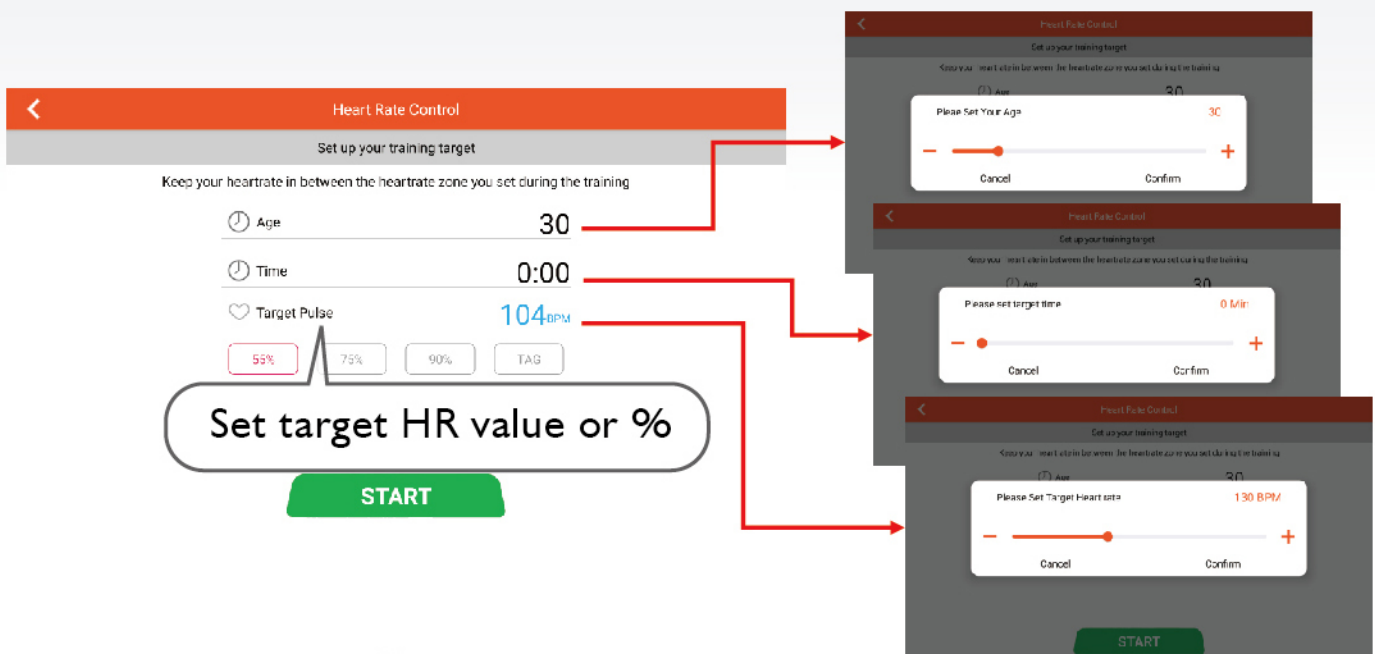
Program



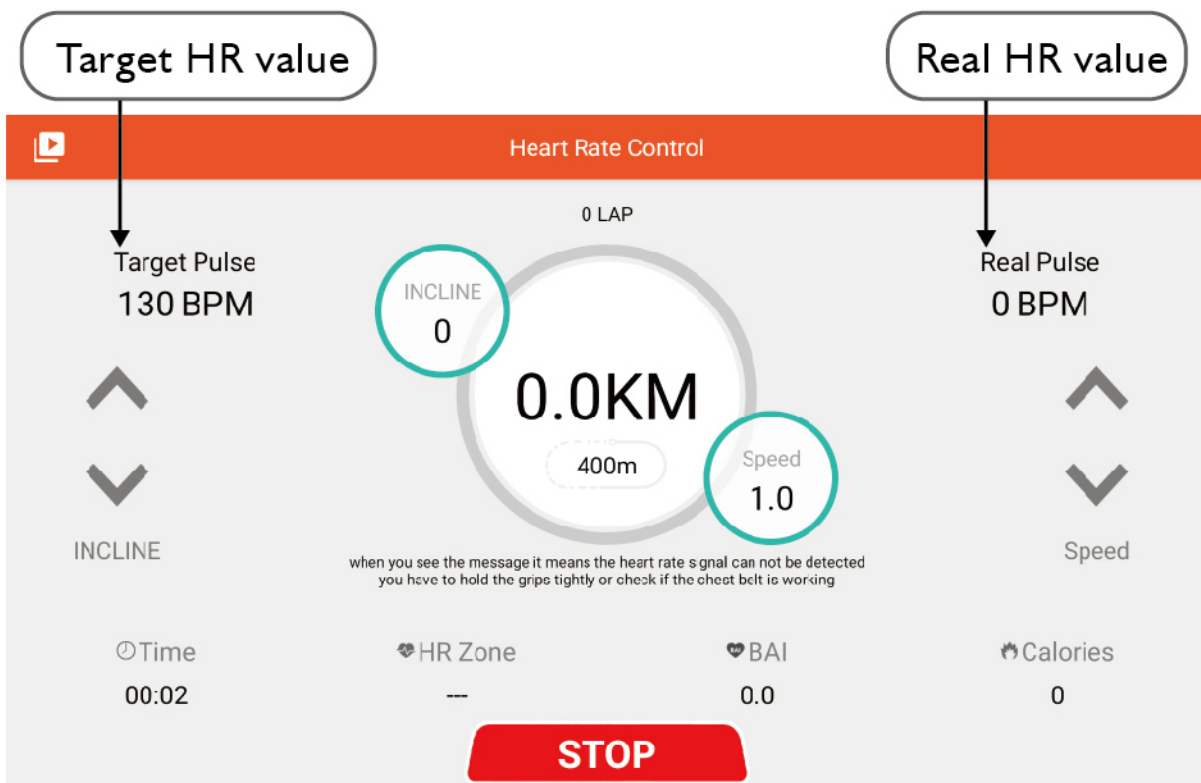
If target workout time is not set, segment changes every 0.1 km or mile.
If target workout time is set, segment changes = the target workout time/ 20.

OPERATING INSTRUCTIONS FOR PT60

Set Heart Rate Control



Heart Rate Control



When real HR is lower than target HR, Incline increases a level every 30 sec.
When real HR is higher than target HR, Incline decreases a level every 30 sec.

OPERATING INSTRUCTIONS FOR PT60

Set Interval

Interval

Set the training cycle time speed and incline%

Time 09:00

Cycle 3

START

	High intensity	Rest time
Time	02:00	01:00
Speed	30%(0.6)	0%(1.0)
INCLINE	5	1

Set cycle

Sub-screen 1: Please set high intensity level% 30% (Cancel Confirm)

Sub-screen 2: Please set rest level% 0% (Cancel Confirm)

Sub-screen 3: Please set cycles 3 (Cancel Confirm)

START

Interval

Warm up

INCLINE 0

00:55

Speed 1.0

INCLINE

Speed

Distance 0.0KM

Heart Rate 0

HR Zone —

BAI 0.0

Calories 0

STOP

1 min warm up, then enter into workout program

Interval

High intensity 0/3

5%

INCLINE 5

01:50

Total Time 00:10

Speed 7.2

INCLINE

Speed

Distance 0.0 KM

Heart Rate 0

HR Zone —

BAI 0.0

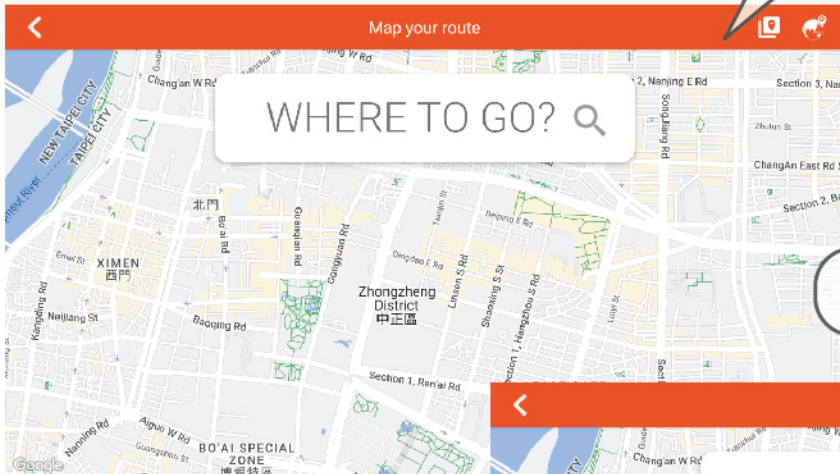
Calories 4

STOP

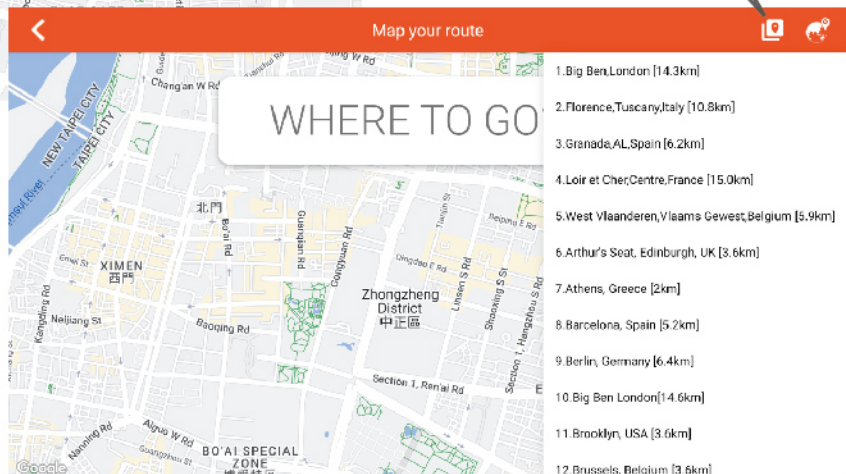
OPERATING INSTRUCTIONS FOR PT60

Set Map

Baidu Map for Simplified Chinese Version
Google Map for International Version

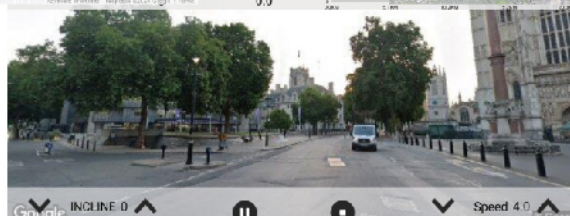
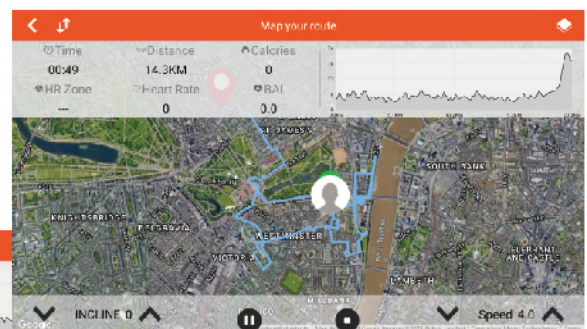
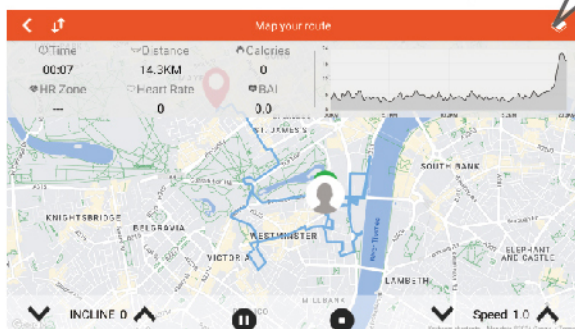


Built-in popular routes



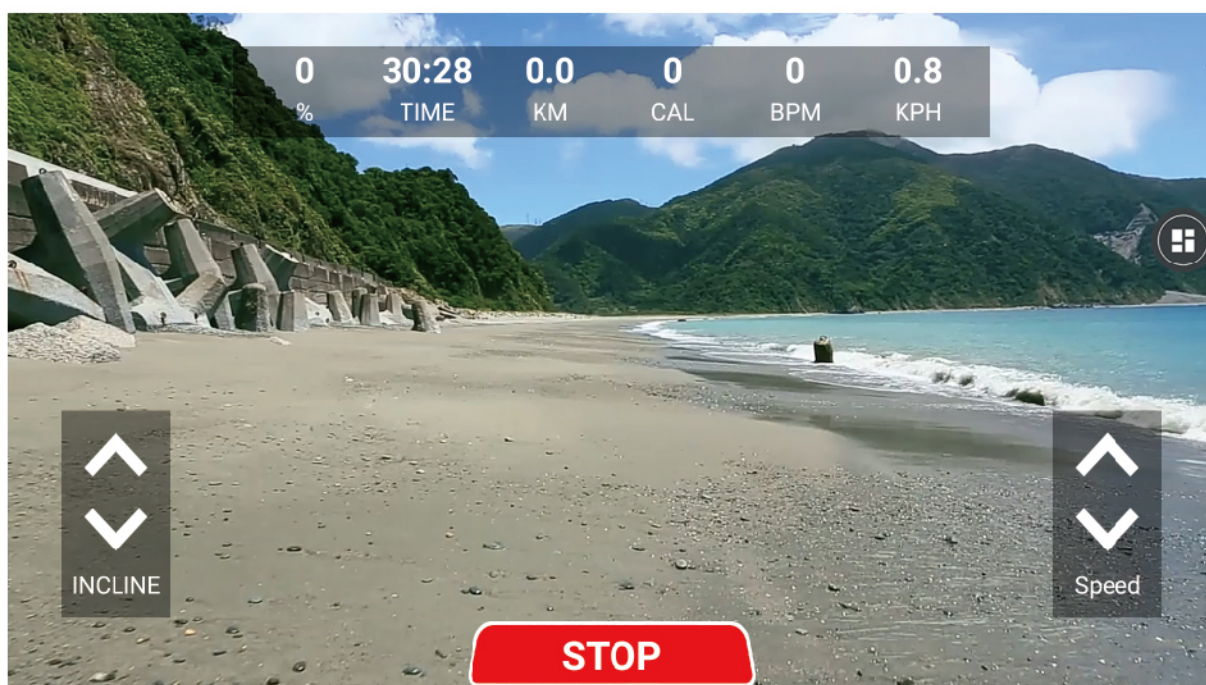
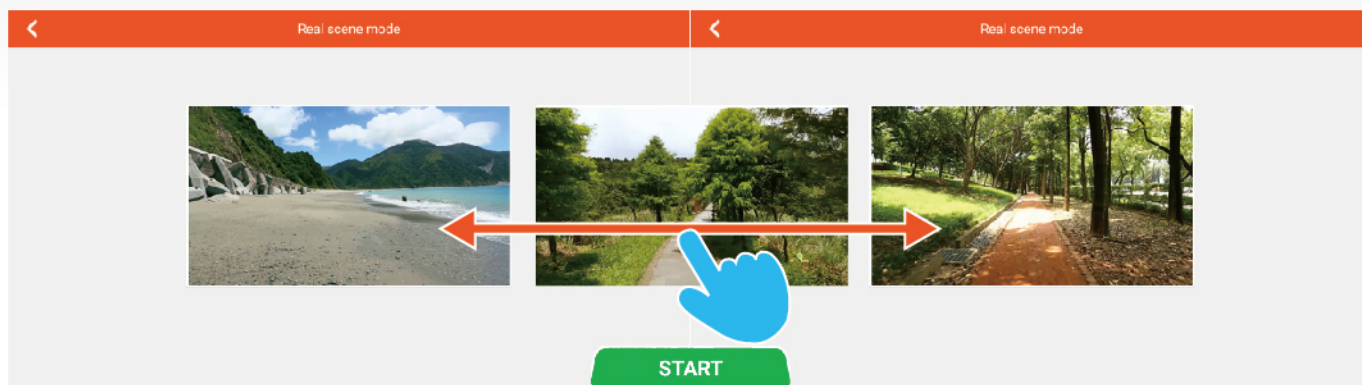
Map Mode

Switch Map style



OPERATING INSTRUCTIONS FOR PT60

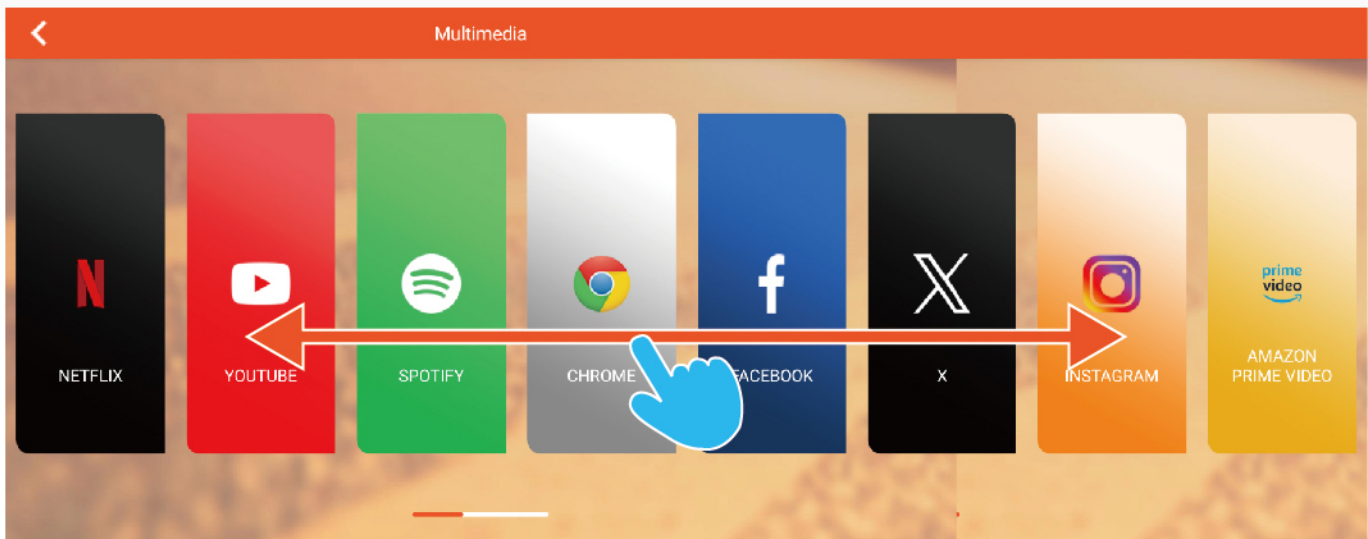
Real Scene Mode



Time countdown by the length of video

OPERATING INSTRUCTIONS FOR PT60

Media APP-International Version



Media APP-Simplified Chinese Version



OPERATING INSTRUCTIONS FOR PT60

APP Full Screen

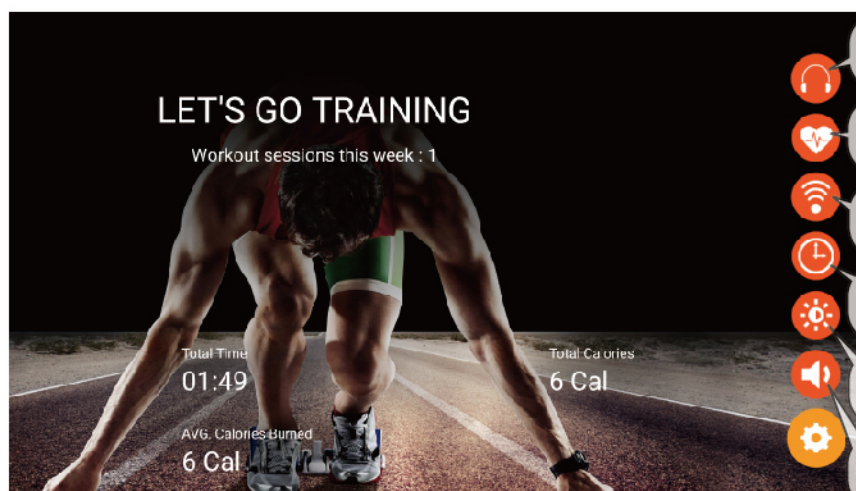


Adjust Volume

Display Workout Data

Exit APP

Hide Workout Data



Pair Bluetooth Earphone

Pair Bluetooth HR chest belt

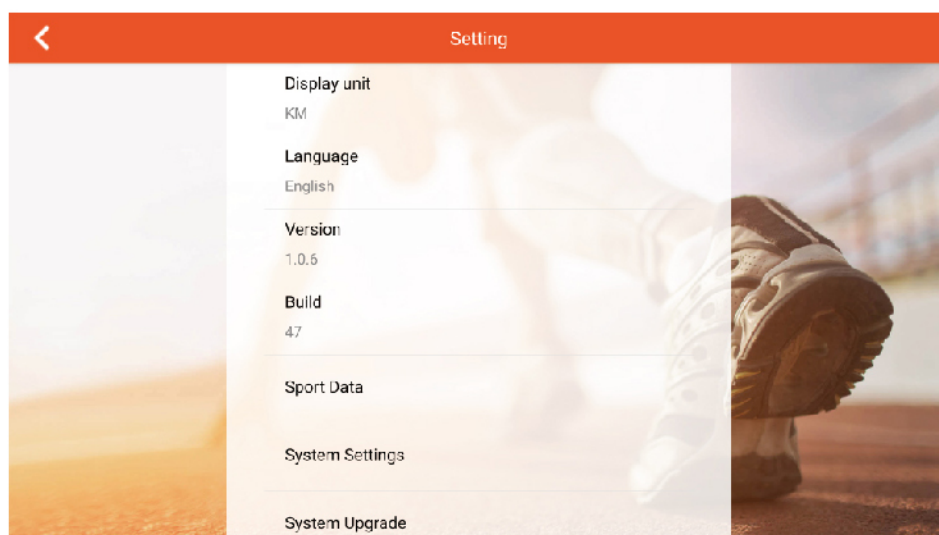
Set WiFi Connection

Set Date/Time

Adjust Screen Brightness



Adjust Volume

Setting



Button Zone

There are buttons for operating the treadmill, adjusting incline level, and adjusting exercise speed. Description of each button is listed below.

	Start your workout.
	Stop your workout
	Speed up/down
	Incline up/down

STEPS FOR SPRAY LUBRICANT ON THE RUN BELT



Step 1: Power off.

Step 2:

Inspect run belt situation.
Lift run belt as left picture shows.
Touch running area's back of run belt by hand to feel if lubricant enough on the back of run belt.
If run belt needs to be lubricated, please take a wiper to clean run deck and roller.



Step 3:

Lift right side belt and spray lubricant as left picture showed. When spraying, the hand lifts the run belt needs to pull the run belt and make the run belt turn until run belt turns a revolution.



Notice:

When spray lubricant, please spray in center area. Please don't spray in side area.



Step 4:

Lift the left side of the belt and spray lubricant as shown in the picture on the left. While spraying, use your hand to lift the running belt, pull it, and make the belt rotate until it completes one full revolution.

Notice:

When spraying lubricant, please apply it to the center area. Do not spray it on the sides.

Step 5: Power on.

Press "START" and increase the speed to 1 MPH (1.6 KPH). Have someone walk on the treadmill to help the running belt absorb the lubricant.

Please notice:

Do not set the treadmill to high speed immediately after spraying lubricant. If the lubricant is not absorbed, it may spray onto the drive motor and MCB.

Remark:

1. For each time maintenance, spray 30-50 cc. lubricant is suggested.

MAINTENANCE

All Steelflex series products are designed for heavy usage environment. To keep your Steelflex product in good condition, we strongly recommend some preventative maintenance tips.

Cleaning

When cleaning the exterior of the unit, a non-abrasive cleanser and soft cotton cloth are strongly recommended. At no time should cleaner be applied directly to any part of the equipment. Instead, place the non-abrasive cleaning solution on a soft cloth and wipe down the unit.

- Clean the console and all exterior surface regularly.
- Vacuum running belt regularly to keep debris from accumulating
- Inspect exterior parts regularly for wear and tear, especially the running belt and deck
- Inspect area under treadmill and vacuum regularly.

Item	Daily	Weekly	Monthly	Quarterly	Bi-Annual	Certain time
Console Mounting Bolt					Inspect	
Frame	Clean				Inspect	
Console	Clean		Inspect			
Safety Stop	Test					
Power Cord			Inspect			
Run Belt Top		Clean (Vacuum)				
Run Belt Tension			Inspect			
Run Belt Lubricant						When LUBE BELT shows on the console.
Rear Adjustable Foot				Adjust		
V Belt				Adjust		
Motor Pulley				Clean		

WARNING

Always disconnect power before cleaning or working on treadmill.

WARRANTY

WARRANTY CONDITIONS

1. The warranty applies only to the original owner, and covers the cost of parts repair or replacement and does not include freight charges. Proof of purchase must be demonstrated.
2. The warranty applies only to the original owner and is non transferable.
3. If you are in US, please contact your local dealer or FMI for details of warranty. If you are in other countries, please contact your local dealer or JCI for details of warranty .
4. Labor coverage is provided only by authorized dealer or by factory authorization.
5. Any reimbursement for travel outside of the dealers' normal service or coverage area will be the responsibility of the customer.
6. Warranty does not cover failure due to improper assembly, installation or use.
7. This warranty does not cover customer instruction, installation, set up or adjustment. User is responsible for reasonable and necessary maintenance.
8. The warranty will not be extended to any product whose serial number has been removed, altered, or defaced.
9. This warranty does not cover damage or equipment failure caused by, or resulting from accident, misuse, abuse, improper assembly or installation, un-authorized modification, or failure to provide reasonable and necessary care as outlined in the owner's manual.
10. If you are in US, this warranty becomes VALID ONLY when are warranty registration form included, is completely filled in, signed by the original owner and received by FMI WITHIN 30 DAYS of the purchaser's receipt of the product. If your are outside of the US, please contact your local dealer.

T R E A D M I L L

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S I M P L I C I T Y

S M A R T

S A F E T Y

USER MANUAL