

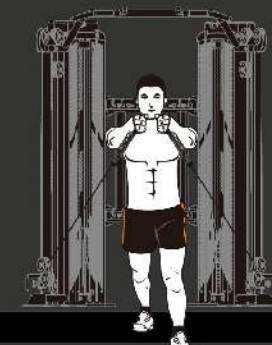
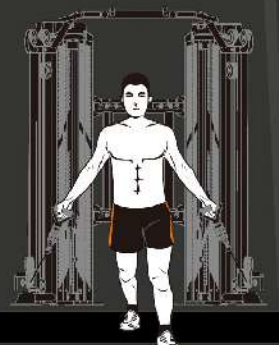


HDC 2000

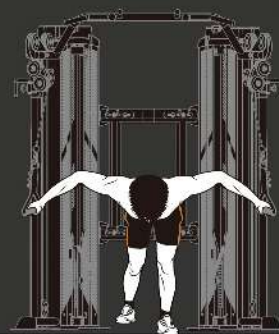
Dual Cable Chin Up Machine



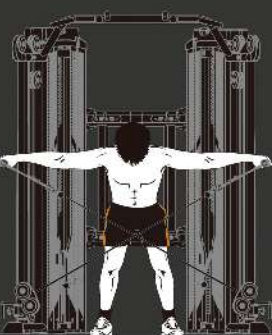
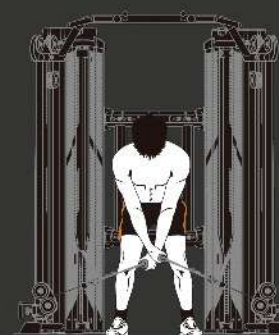
•Fly



•Low Pulley Fly



•Cable Crossover



•Lateral Raise



•Shoulder Press



•Shoulder Front Raise



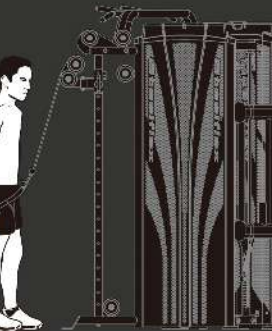
•Squat



•Lat Pull Down



•Biceps Curl

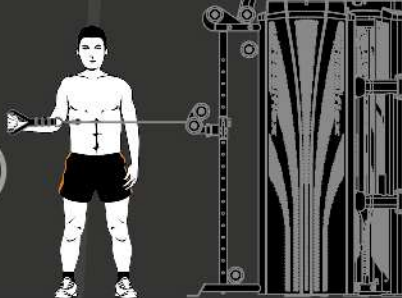
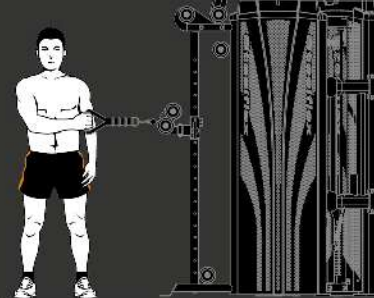


•Triceps Pushdown

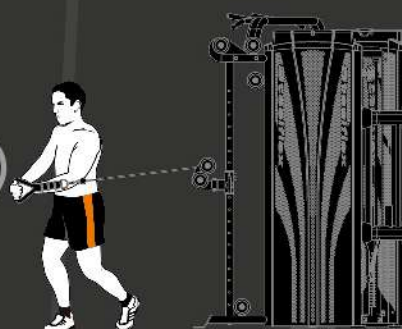
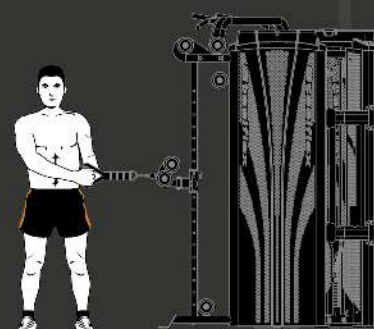


HDC 2000

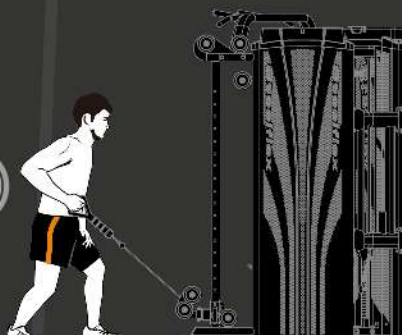
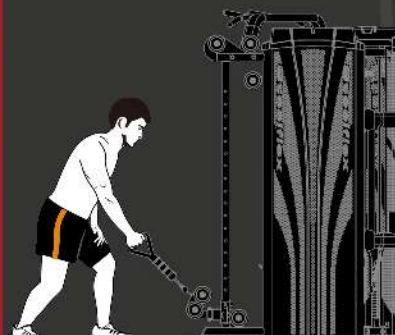
Dual Cable Chin Up Machine



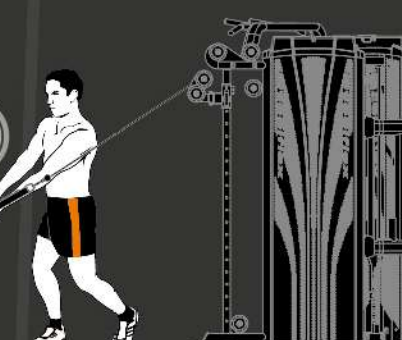
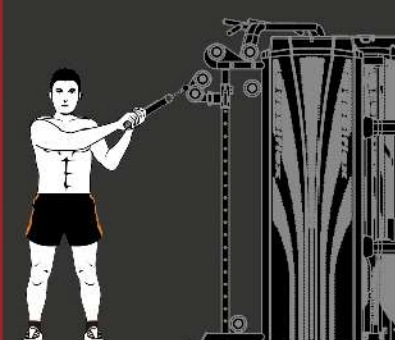
•Rotator Cuff



•Torso Rotation



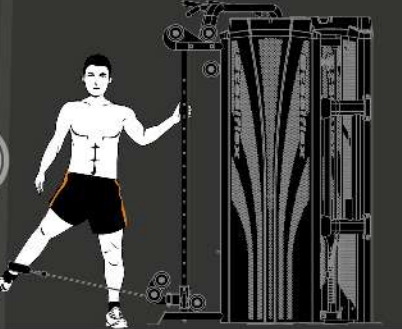
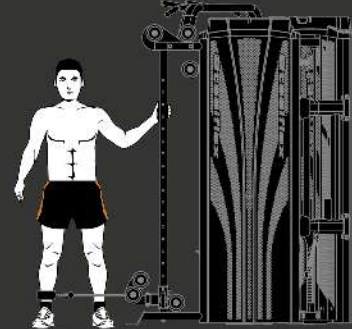
•Single Back Row



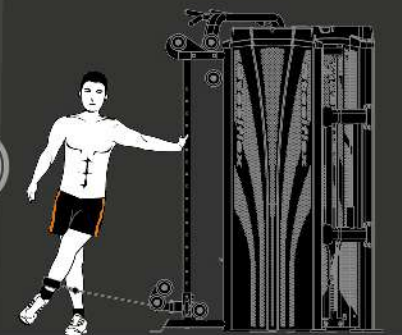
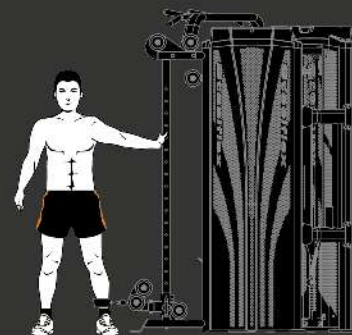
•Baseball Bat Swing



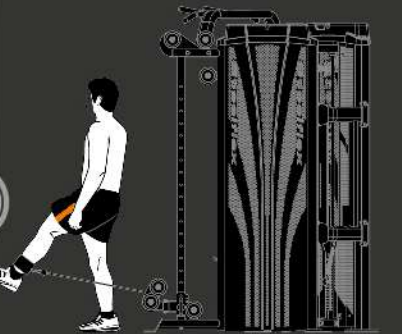
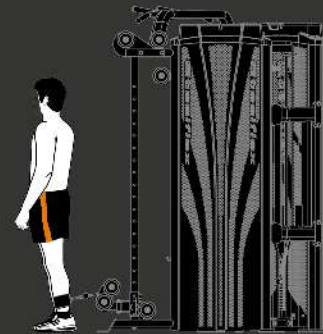
•Lunge



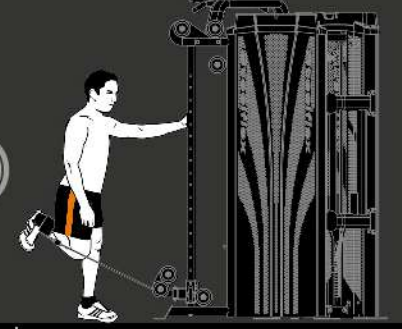
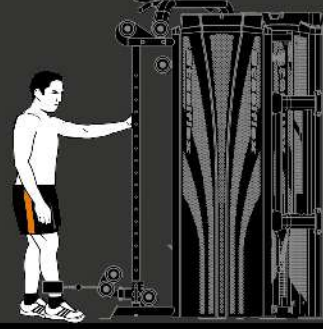
•Hip Abduction



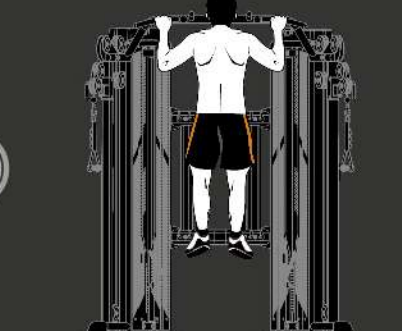
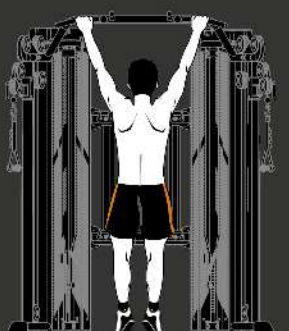
•Hip Abduction



•Leg Extension



•Leg Curl



•Chin Up